

HOOKIN2 HOCKEY



Hookin2Hockey is designed for boys and girls under 12 (5+)

Hookin2Hockey gives young boys and girls the opportunity to learn the basic skills of hockey, develop fundamental motor skills and make friends all while beginning their lifelong love of hockey.

WHEN:

February 23rd – First Come and Try session
March 2nd – April 20th
6-7pm

WHERE:

Bridge Road Hockey Facility
132 Bridge Road
Melton South (Atherstone Estate)

COST:

\$85
Includes:
*8 fun and exciting coaching sessions with our accredited coaches.
*Awesome participant pack, which includes a hockey stick, ball, shin pads, singlet and backpack.
*\$30 Club Credit towards further programs

Looking to undergo training or re-enter the workforce after having children? We can help.

As a ParentsNext Project provider, SYC is able to provide assistance and guidance to help you engage in training or prepare to join or re-enter the workforce after having children. We can assist you with completing your resume, help with your cover letter and work with you on motivation and confidence building techniques. Talk to us about Aspire, our ParentsNext Project.

Contact Rod at our Sunbury office
03 8746 8760 or visit www.syc.net.au/aspire



Positive Parenting Telephone Service



This program is offered to parents, grandparents caring for their grandchildren & carers of children aged 2 – 10 years

Our free ten week program aims to assist you to:

- *Develop a stronger and more positive relationship with your child/children
- *Encourage behaviour you want to see in your children
- *Manage everyday behaviour problems
- *Set rules & limits
- *Teach new skills

This program is completed via a workbook or online modules which are supported by weekly phone calls with a trained parent educator. All of this can be done from the comfort of your own home at a time that suits you.

Interested?

For more information please phone

1800 880 660

ENROLMENTS TAKEN ALL YEAR ROUND

Enrol now and make a positive start last a lifetime



FOSTER CARE INFORMATION NIGHT

Ever thought about fostering children or young people?

Anglicare Victoria is looking for people who have a place in their heart for a child in need of a safe home. Care can be short term or long term.

INFORMATION SESSION:

Tuesday 28th February | 6.30pm - 7.30pm
Anglicare North West Region

Come along to find out more & have your questions answered.
To book or to receive an information package please contact

Bea Wood on 93015200 or beatrice.wood@anglicarevic.org.au

MAKE A DIFFERENCE IN A CHILD'S LIFE.....AND YOUR OWN!



BETTER TOMORROWS

1800 809 722 | anglicarevic.org.au

FREE Men's Health Program

Sons of the West a **FREE** men's health program run by the Western Bulldogs Football Club, kicks off in Sunbury on Thursday, 16 February.

The preseason will focus on your physical health. You can join the program at any time – simply come down on a Thursday evening and we will take care of the rest.

When: Every Thursday from 16 February to 20 April (10 weeks)

Time: 7 – 8.30 pm

Where: Goonawarra Primary School,
3 - 6 Gullane Drive, Sunbury

Who for: Males living in Sunbury and surrounding suburbs

What to bring: A water bottle and comfortable clothes to exercise in

For more information contact Sunbury Community Health, Adam 9744 4455 or contact Sons of the West, website: www.sonsofthewest.org.au | e-mail: info@sonsofthewest.org.au | phone: 9680 6355



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Enrolling now for students aged 5 to 17.

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Studio location:
Sunbury
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ENROLMENTS STILL OPEN

CALL NOW TO RESERVE YOUR PLACE

Contact the Principal
Joanna Melo Howard
0459 160 263
melbourncentral@helenogrady.com.au



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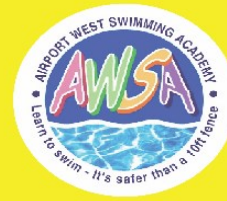
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